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The Patient-Practitioner Relationship In Acupuncture (Complementary Medicine (Thieme Paperback))



Leon I. Hammer, MD Foreword by Heiner Fruehauf, PhD





Synopsis

Profit from a wealth of experience in interactions with your patients! The Patient-Practitioner Relationship in Acupuncture is written for acupuncturists and practitioners in the fields of alternative medicine searching for: effective ways of connecting better with their patients in all their diversity, and the skills necessary to guide patients through emotional, psychological, and spiritual difficulties as part of the healing process. Dr. Hammer bases his work on the universally accepted and fundamental role the therapeutic relationship plays in the practitioner's ability to heal and his lifelong observation that both the patient and the practitioner benefit from this vital relationship. Drawing from his long and extensive personal and professional experiences and writing in an easily understandable and at times anecdotal style, the author avoids psychological jargon as much as possible. The material is presented independent to pathology and is organized into two parts: The first part outlines the basic tenets of the therapeutic relationship, and the second, main part presents individual, issue-oriented chapters addressing the varied life situations, personalities, and emotional reactions with which the acupuncturist or practitioner is confronted in everyday practice. Let this handy reference become your constant and reliable companion on your path to:enhancing your propensity and innate talents to heal, improving your therapeutic skills within the scope of your practice, and gaining confidence in your interactions with your patients.

Book Information

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Customer Reviews

What you need to know is that Leon Hammer started his career as a psychiatrist. He is an incredible practitioner and his acupuncture practice is deeply informed by his psychotherapy skills. However, this book is more about the skills required for a therapist. I am an acupuncturist in training to become a therapist myself, so I enjoyed this book, but I didn't find it helpful for my acupuncture practice. It is quite technical as the first reviewer pointed out, and it assumes that you have the skills you need to communicate on a psychotherapy level, discussing your relationship with the patient and so on. As much as I love Leon Hammer's work and as much as I want to do psychotherapeutic work later on, this particular book is NOT helpful for acupuncturists in any PRACTICAL sense. It's good to know these concepts for anyone in the healing profession, but the book itself is just not connected enough to the acupuncturist's practice.

This book is fantastic. If you don't understand why a former psychotherapist's perspective on the patient-practitioner relationship would be helpful to an acupuncturist, then I am not sure what field you think you are in. Hammer addresses many difficult and important questions, in a heart-felt and wise way that I deeply appreciated as a student. I highly reccommend this book, not only for acupuncturists, but for any healer who wants to be more self-aware in their work with patients.

Excellent book!

Horrible book! Not written for non-psych trained practitioners. WAY technical and unable to apply anything from the book into my practice. I sold it not long after getting it. Don't waste your money or time.

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